

Hausala Training Centres: Augmenting Skills, Assuring Quality

Commended for innovations in the field of family planning, SIFPSA has made yet another significant contribution by developing the district hospitals across the state as facility based clinical family planning training centres, recently rechristened 'Hausala Training Centres', strengthening the health infrastructure in Uttar Pradesh in a big way.

SIFPSA has been in the forefront of bringing global best practices to clinical family planning services by way of establishing centres of excellence and decentralized training centres across the state. Clinical Family Planning activities are vastly supported by SIFPSA in Uttar Pradesh. Currently there are 10 facility based family planning training centres, spread across ten districts namely Agra, Allahabad, Azamgarh, Meerut, Moradabad, Mirzapur, Saharanpur, Kanpur Nagar, Jhansi & Varanasi, representing all four regions of the state.

These centres were established as Divisional Clinical Training Centres (DCTC), way back in 2008-09 by SIFPSA in District Women Hospitals, which led to a complete overhaul of the hospitals in terms of infrastructure, manpower, equipment, repair of operation theatres and establishment of training halls, in order to facilitate quality trainings. SIFPSA has also constantly been making concerted efforts to strengthen clinical skills of service providers posted in public health institutions ranging from district women hospitals to community health centres, primary health centres and subcentres for clinical FP services in the state.



The trainers for different family planning techniques were trained at Medical Colleges for passing on the high quality technical and clinical skills from the academic institutions to the divisional training centres. Specialized trainings were imparted to develop a pool of trainers at these DCTCs for Laparoscopic and Minilap sterilization techniques, no touch IUCD insertion technique and PPIUCD insertions. These 10 centres have been successfully delivering various trainings, to fulfill the mandate of one service provider in female sterilization at the block level and one IUCD provider up to the subcentre level. Series of induction trainings were provided to doctors and staff nurses in Minilap, Lapro, IUCD and PPIUCD techniques, which resulted in creating a large pool of service providers. Over 4000 doctors and paramedics have been trained in various family planning techniques since inception.

also been facilitating training needs of the private sector providers supported by various development partners like PSI, MSI and HLFPT in different techniques of Family Planning to encourage private sector contribution to FP2020 goals for the state.



Inauguration by key Government Officials



Review Meeting of Hausala Training Center by District Authorities

SIFPSA played a definite role in quality assurance, ensuring that trainings were imparted as per set standards. In due course, National Health Mission, recognizing the potential, initiated the funding support of the 10 training centres to continue trainings planned under NHM. SIFPSA re-established its support to the already established ten centres in financial year 2015-16 in terms of manpower strengthening, program administration and other logistical support, facilitating various NHM funded clinical FP trainings. SIFPSA has

Responding to the Government of India expectations of establishing one comprehensive training centre in each district, SIFPSA in 2016



Geographical Distribution of 35 Hausala Training Centers

has also initiated the strengthening of 16 additional district level hospitals that include district women hospitals and combined hospitals as facility based training centres for conducting various clinical family planning trainings. Considering the state requirement, first a preliminary assessment, including delivery load, FP performance for sterilization, available manpower, availability of trainer, space and willingness, was done by the divisional project managers of 18 divisions in consultation with concerned CMSs of district women/combined hospitals. The 16 districts are Firozabad, Pratapgarh, Ballia, Lalitpur, Etawah, Ghaziabad, Sonbhadra, Bijnor, Jaunpur, Badaun, Sant Kabir Nagar, Banda, Ambedkar Nagar, Deoria, Hathras and Sitapur representing 16 divisions of the state.



Practical Training for Laparoscope Assembly and use

Government of India has recently incorporated three new contraceptive methods i.e. Injectables, Progestron only pills & Centchroman, and free supply is expected in the year 2016-17. In addition to the other trainings, the HTC's will also focus on capacity building of service providers (Doctors, Staff Nurses & ANMs) for the new contraceptive methods and creating widespread information among various categories of service providers for increase in uptake of services and trainings of ANMs & SNs for service delivery.

SIFPSA also aims at strengthening the system of periodic reviews of family planning performance in the state.

SIFPSA stands committed to ensuring affordable quality family planning services to all individuals- as per their choice and within their reach. Capacity building in the form of technical support, clinical trainings and mentoring activities offered through HTC's will go a long way in realizing this commitment.



Inauguration by District Magistrate and Additional Director of HTC



OM KAILASH TOWER, A-19,
VIDHAN SABHA MARG,
LUCKNOW-226001, UTTAR PRADESH.
Ph. : 0522-2237497, 98, 2237540
Fax : 0522-2237574
Website : www.sifpsa.org